

Rashid A. Buttar, DO, FAAPM, FACAM, FAAIM
Biographical Information

Dr. Rashid A. Buttar received his undergraduate degree from Washington University in St. Louis with a double major in Biology and Theology and then attended medical school at the University of Osteopathic Medicine and Health Sciences, College of Osteopathic Medicine and Surgery in Des Moines, Iowa. He trained in General Surgery and Emergency Medicine and served as Brigade Surgeon for 2nd Infantry Division, Republic of South Korea, and later as Chief of the Department of Emergency Medicine at Moncrief Army Community Hospital at Ft. Jackson in Columbia, South Carolina while serving in the US Army.

During his military career, Dr. Buttar had the privilege of serving with and being attached to the 2nd Infantry Division, the 101st Air Assault Division and the 5th Special Forces Group. Dr. Buttar is board certified and a Diplomate in Clinical Metal Toxicology and Preventive Medicine, is board eligible in Emergency Medicine and has achieved fellowship status in three separate medical organizations (Fellow of the American College for Advancement in Medicine, Fellow of the American Academy of Preventive Medicine, and Fellow of the American Association of Integrative Medicine).

Dr. Buttar practices in Charlotte, NC where he is the medical director of Advanced Concepts in Medicine, The Center for Advanced Medicine and Clinical Research. The Center specializes in the treatment and needs of patients refractory to conventional treatments and who have failed the standard approach to their disease process. With a special emphasis on the interrelationship between environmental toxicity and the insidious disease processes and the “up regulation” of the immune system, the Center has attracted patients from 34 different countries all over the world suffering from cancer, heart disease, stroke, autism and many other conditions too numerous to list.

Dr. Buttar also serves as Director of Clinical Research and Development for V-SAB Medical Laboratories where he is extensively involved in research with polypeptide and peptide analog sequencing and identification technologies as well as innovative methodologies for drug delivery mechanisms. In addition, Dr. Buttar is heavily involved in clinical outcome based research and response based studies with various groups including personal interest, private Bio Tech companies, university based projects and governmental sponsored clinical research. Dr. Buttar has lectured world wide on these subjects at scientific congresses and professional symposiums, and is a frequently invited presenter at medical conferences. He has appeared and been featured in local, national and international media including newspapers, radio and TV. He has been interviewed by numerous news journals including the Wall Street Journal, US News and World Report, TIME Magazine, Boston Globe and the New York Times.

Dr. Buttar has been invited to and testified in front of the North Carolina Legislature as well as the United States Congress, giving special testimony before the Congressional Sub-committee on Human Rights and Wellness. Phillips Publishing, Health Directions Inc., and Stephen Sinatra, MD have either listed or cited Dr. Buttar as being among the “Top 50 Doctors in the United States”. Dr. Buttar has been in charge of the national training program that leads to Board Certification in Clinical Metal Toxicology through the American Board of Clinical Metal

Toxicology and is also a member of the 12 member National Metals Task Force, appointed to address the endemic nature of metal toxicity and the resulting implications on world health.

Dr. Buttar currently serves as the Chairman of the American Board of Clinical Metal Toxicology. He has served as President of the North Carolina Integrative Medical Society and also heads up 2 other medical societies as President including AMESPA (Advanced Medical Education and Services, Physician Association) and CAMPA (Center for Advanced Medicine Physician Associates). He has served on numerous boards as well as CME committees for a number of medical organizations and societies including the American Association for Health Freedom, Age Management Medical Group, International College of Integrative Medicine and American College for Advancement in Medicine. Dr. Buttar has served as Visiting Scientist and Nutritional Scientist at North Carolina State University and continues to actively teach as faculty for mainstream medical courses such as Advanced Trauma Life Support (ATLS) courses for physicians through the American College of Surgeons as well as teaching Pediatric Advanced Life Support and Advanced Cardiac Life Support courses to other physicians, nurses and emergency response personnel. His first book, "The 9 Steps to Keep the Doctor Away" released in 2010 became a Wall Street Journal, USA Today and Amazon.com best seller and has since, become an international best seller now translated into 5 languages.