



CENTERS FOR ADVANCED MEDICINE

19620 W. Catawba Ave., Ste 100, Cornelius, NC 28031
704-895-WELL (9355) | Fax: 877-706-1786
www.DrButtar.com

A few things to know about being a patient:

- Always eat a high protein breakfast before you arrive.
- Bring food to eat while at the clinic if you will be at the clinic for the majority of the day.
- The clinic is equipped with a patient break room and kitchen area where you can have a meal or break. In the Patient Kitchen area there is a full size refrigerator you are welcome to use. Please make sure you mark your name and the date on anything you wish to leave in this refrigerator.
- We **do not** have a microwave in the office. In the Patient Kitchen, there is a blender, small toaster oven and hot plate you are most welcome to use.
- Our IV Suites are equipped with a TV and DVD player. Cable TV service is not available on the TVs. Patients may bring DVDs to watch on the TV, or a portable DVD player of your own may also be brought by patients. There are plenty of electrical outlets in the IV Suites to plug in electronics such as phones and portable entertainment devices. .
- Filtered water is provided in the Patient Kitchen for patients and staff. You are welcome to fill up gallon containers of water to take with you, however, please follow our guidelines of filling only one (1) gallon container every 30 minutes so there will be water for others to drink.
- **Do not** take minerals on the day you will have chelation. For patients with Cancer, Monday's will be the day you will not take your minerals.
- Please **do not** wear any scented toiletries (perfume, lotions, hair products, etc) as we treat many people that are sensitive to these products.
- If Hyperbaric Therapy is a part of your treatment protocol, wear or bring comfortable clothing to wear in the hyperbaric chamber- no metals or electronics allowed in chambers. Complete instructions and guidelines for Hyperbaric Therapy will be given to you before starting this therapy.
- If you are not taking or unable to take your supplements as directed, please inform the nursing staff as they will need to discuss this with a provider. Adjustments may need to be made in your treatment plan.
- Try to be on time for your appointment. If you are late, your IV schedule will have to be adjusted and you may not receive all of your IV's. If you are unable to make your appointment for any reason, please contact us as quickly as possible. Some IV's are mixed ahead of time and must be used the same day they are mixed. 24 hour notice
- Any time you are unsure about your treatment plan, please talk to the nursing staff or your provider.
- When you are scheduled for an Ondamed treatment, bring a gallon of water with you. The Ondamed is a Biofeedback instrument which measures cellular frequency levels. Your water will be charged with the same frequency that you are treated. You may then drink the water as you wish for a boost to the Ondamed treatment.



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A few things to know about being a patient:

Immune Patients (Cancer, HIV, Hep-C, Lymes, etc)

- Patients with Cancer will be in the office most of the day Monday through Thursday and a half day on Friday
- Monday's will be the day you will not take your minerals. Do NOT take minerals on the day you will have chelation.
- Wear or bring comfortable clothing to wear in the hyperbaric chamber- no metals or electronics allowed in chambers. 100% cotton fabric is the best choice for the hyperbaric chambers.
- Patients with Cancer will have an Ondamed treatment several times each week.
- Patients with Cancer will receive an AARSOTA injection on Wednesdays. It is advisable you have someone with you for that day and night.
- Patients with Cancer will be required to have a PICC line or a Port-A Cath. We will schedule the PICC line appointment for you once you are in the office. If you wish to have a Port-A-Cath, please notify us prior to your arrival as this is a surgical procedure which will require a surgeon to place the Port-A-Cath.

Other Helpful Information

Please view the “Out of Area Patient Information” section of our website for a listing of other helpful information: <http://www.drbuttar.com/out-of-state-patient-information.html>

- Charlotte, NC area airports
- Lodging near our Clinic
- Fully furnished short & long term housing options
- In home nursing care
- Lake Norman area taxi services
- Wheel chair transport services
- Local organic & gluten-free grocery stores
- Local farmers markets
- Local organic fresh food stores
- Local parks
- Area recreation options
- Area entertainment option