



## CENTERS FOR ADVANCED MEDICINE

19620 W. Catawba Ave., Ste 100, Cornelius, NC 28031  
704-895-WELL (9355) | Fax: 877-706-1786  
www.DrButtar.com

### **A few things to know about being a patient:**

- Always eat a high protein breakfast before you arrive.
- Bring food to eat while at the clinic if you will be at the clinic for the majority of the day.
- The clinic is equipped with a patient break room and kitchen area where you can have a meal or break. In the Patient Kitchen area there is a full size refrigerator you are welcome to use. Please make sure you mark your name and the date on anything you wish to leave in this refrigerator.
- We **do not** have a microwave in the office. In the Patient Kitchen, there is a blender, small toaster oven and hot plate you are most welcome to use.
- Our IV Suites are equipped with a TV and DVD player. Cable TV service is not available on the TVs. Patients may bring DVDs to watch on the TV, or a portable DVD player of your own may also be brought by patients. There are plenty of electrical outlets in the IV Suites to plug in electronics such as phones and portable entertainment devices. .
- Filtered water is provided in the Patient Kitchen for patients and staff. You are welcome to fill up gallon containers of water to take with you, however, please follow our guidelines of filling only one (1) gallon container every 30 minutes so there will be water for others to drink.
- **Do not** take minerals on the day you will have chelation. For patients with Cancer, Monday's will be the day you will not take your minerals.
- Please **do not** wear any scented toiletries (perfume, lotions, hair products, etc) as we treat many people that are sensitive to these products.
- If Hyperbaric Therapy is a part of your treatment protocol, wear or bring comfortable clothing to wear in the hyperbaric chamber- no metals or electronics allowed in chambers. Complete instructions and guidelines for Hyperbaric Therapy will be given to you before starting this therapy.
- If you are not taking or unable to take your supplements as directed, please inform the nursing staff as they will need to discuss this with a provider. Adjustments may need to be made in your treatment plan.
- Try to be on time for your appointment. If you are late, your IV schedule will have to be adjusted and you may not receive all of your IV's. If you are unable to make your appointment for any reason, please contact us as quickly as possible. Some IV's are mixed ahead of time and must be used the same day they are mixed. 24 hour notice
- Any time you are unsure about your treatment plan, please talk to the nursing staff or your provider.
- When you are scheduled for an Ondamed treatment, bring a gallon of water with you. The Ondamed is a Biofeedback instrument which measures cellular frequency levels. Your water will be charged with the same frequency that you are treated. You may then drink the water as you wish for a boost to the Ondamed treatment.



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#### **Child Patients**

- Children must be accompanied by a parent at all times.
- Some toys are available in the IV Suite, however, we encourage parents to bring activities to keep your child occupied during the day.
- An IV reinsertion fee of \$25 per incident will be charged in cases when a child is continuously pulling their IV out.

#### **Other Helpful Information**

Please view the “Out of Area Patient Information” section of our website for a listing of other helpful information: <http://www.drbuttar.com/out-of-state-patient-information.html>

- Charlotte, NC area airports
- Lodging near our Clinic
- Fully furnished short & long term housing options
- In home nursing care
- Lake Norman area taxi services
- Wheel chair transport services
- Local organic & gluten-free grocery stores
- Local farmers markets
- Local organic fresh food stores
- Local parks
- Area recreation options
- Area entertainment option