

# RASHID A. BUTTAR, DO, FAAPM, FACAM, FAAIM

## Address

9630 Julian Clark Ave.  
Huntersville, NC 28078  
(704) 895-WELL (9355)

## Personal

DOB - 20 Jan 1966  
Height - 6' 1"  
Weight - 235 lbs.

## Positions

<b>Visiting / Nutritional Scientist, North Carolina State University</b> University research and visiting scientist appointment	02/03 - Current
<b>Director of Clinical Research and Development, V-SAB Medical Labs, Inc.</b> Medical lab specializing in poly-peptide research & trans-dermal delivery mechanisms	11/98 - Current
<b>Medical Director, Advanced Concepts in Medicine</b> Private Practice in Preventative and Advanced Medicine, Cornelius, NC	12/96 - Current
<b>Emergency Medicine Staff Physician</b> Alexander Community Hospital, Stanley Memorial Hospital, Richmond Memorial Hospital	8/95 - 1/2000
<b>Chief, Department of Emergency Medicine</b> (exited service after making Major list in 7/96) Moncrief Army Community Hospital, Fort Jackson, SC	1/96 - 7-96
<b>Emergency Medicine Staff Physician/ Chief, PES</b> Moncrief Army Community Hospital, Fort Jackson, SC	7/94 - 1/96
<b>Brigade Surgeon, Engineering Brigade &amp; Western Corridor</b> 2nd Infantry Division, U.S. Forces - Pacific Theater, Republic of S. Korea	7/92 - 6/93

## Education

<b>Visiting Rotational Fellowship - Institute of Preventative Medicine in Denville, NJ</b> (Affiliated with Capital University of Integrative Medicine, Washington DC)	7/96 - 6/97
<b>PGY 2 &amp; PGY 3 - Resident, Department of General Surgery</b> Brooke Army Medical Center, Ft. Sam Houston, TX	7/92 - 6/94
<b>Internship - Transitional (Rotating Osteopathic Internship w/ emphasis on Gen. Surgery)</b> Doctors Hospital - Airline, Houston, TX (Univ of Tx, Health Sciences System)	7/91 - 6/92
<b>Medical School - University of Osteopathic Medicine &amp; Health Sciences</b> College of Osteopathic Medicine and Surgery, Des Moines, IA	8/87 - 6/91
<b>Undergraduate - Washington University, (Double A.B. in Biology &amp; Religion)</b> College of Arts & Sciences, St. Louis, MO	8/83 - 5/87

## Medical School Honors

Distinctive Community Service Award 1989

## Military Experience

101 Air Assault, 5th Spec Force, Attch. 1994 - 1996  
Brigade Surgeon, 2nd ID, S. Korea 1992-1993  
Iowa Army National Guard 1987 - 1991  
Officer Basic Course (top 5%) Sum 1988  
Comp. C., 204th Med Battalion 1987 - 1989  
Sessioned RA/took Reserve commission 1987  
ROTC Advance Camp (top 10%) Sum 1986  
Cadet Ranger 1983 - 1987

## Board Certification

Fellow-American Academy of Preventative Medicine  
Fellow-American College for Advancement in Medicine  
Diplomat - American Academy of Preventive Medicine  
Diplomat - American Board of Clinical Metal Toxicology  
Board Elig. - Board Certification in Emergency Medicine

## Professional Organizations

American Osteopathic Association (AOA)  
American Medical Association (AMA)  
American College for Advancement in Medicine  
American Association of Physician Specialists  
American Academy of Anti - Aging Medicine  
American Academy of Preventive Medicine  
International College of Integrative Medicine

## Medical Research

Research assisting Dr. Robert Almi at Washington University School of Medicine from 1985 - 1987 assessing the future possibilities of grafting and transplanting nervous tissue by transplanting frontal lobes of pre-natal rats into pre-excised partial frontal lobectomy sites of mature rats. Now involved in clinical research utilizing synthesized poly-peptides as specific hypothalamic & pituitary hormone analogs.

## Military Honors/Awards

Brigade Commander's Award of Excellence Jun-93  
Army Commendation Medal Jun-93  
Army Achievement Medal Mar-93  
Assistant Class Leader (MSC - OBC) Sum 1989  
4 Yr Army ROTC Scholarship 1983-1987  
Scabbard & Blade (Military Honorary) 1986-1987  
Captain of ROTC District Rifle Team 1983-1986  
Pershing Rifles ( Military Service) 1984-1987

## Medical Certifications

Advanced Trauma Life Support (ATLS) Prov & Instructor Certified  
Advanced Cardiac Life Support (ACLS) Prov & Instructor Certified  
Pediatric Advanced Life Support (PALS) Certified  
Department of Medical Readiness Training Institute Instructor  
Combat Casualty Care Course (C4) Certification

## Extracurricular

<b>Football</b>	Varsity Player, Defensive End / Linebacker (Washington University)	1983 - 1986
	Asst. Defensive Line & Linebacker Coach (Drake University)	1987 - 1988
<b>Phi Delta Theta</b>	Fraternity Member and Officer (Washington University)	1983 - 1987
	Fraternity Alumni Advisor (Drake University)	1987 - 1990

**Rashid A. Buttar, DO, FAAPM, FACAM, FAAIM - CV Update**  
**Center for Advanced Medicine and Clinical Research, Advanced Concepts in Medicine**  
**9630 Julian Clark Ave, Huntersville Business Park**  
**Huntersville, NC 28078**  
**Phone (704) 895 - WELL (9355) Fax (704) 973-9355**

Diplomat - American Academy of Preventative Medicine  
Diplomat - American Board of Clinical Metal Toxicology  
Diplomat - American Association of Integrative Medicine  
Diplomat Candidate - Board Certification in Emergency Medicine

Member and Fellow - American Academy of Preventative Medicine (FAAPM)  
Member and Fellow - American College for Advancement in Medicine (FACAM)  
Member and Fellow - American Association of Integrative Medicine (FAAIM)

Member - National Metals Task Force  
Member - American Association of Integrative Medicine  
Member - American Association of Physician Specialists  
Member - International College of Integrative Medicine  
Member - American College of Advancement in Medicine  
Chairman - American Board of Clinical Metal Toxicology  
Chairman and Founder - Advanced Medical Education and Services, Physician Association (AMESPA)

Specializing in patients who have failed conventional medical treatments modalities, especially in cancer and cardiovascular disease. Also, with emphasis on preventative medicine, nutritional medicine and longevity medicine utilizing all available treatment modalities including Intravenous therapies.

Research

- 1.) Research with Dr. Robert Almi at Washington University School of Medicine assessing the future possibilities of grafting and transplanting nervous tissue by transplanting frontal lobes of pre-natal rats into pre-excised partial frontal lobectomy sites of mature rats (1985 - 1987).
- 2.) Clinical research including development and application of fatty acid utilization as a more efficient drug delivery mechanism, specifically in use of trans-dermal applications (1996).
- 3.) Neural therapy research specifically based on Dr. H. Philbert's Infra Respiratory Reflex and it's application in chronic diseases of the lung including lung cancer (1998-2000).
- 4.) Clinical research utilizing methods of polypeptide extraction and sequencing and their application in specific chronic disease processes, specifically prostate (benign prostatic hypertrophy and prostate cancer) and degenerative joint diseases (1997 - current).
- 5.) Clinical research, development, application and evaluation of GHRH analogs delivered via trans-dermal routes with comparison to GH injection therapy. In addition, development of other specific hypothalamic and pituitary hormone analogs (1997- current).
- 6.) Clinical research and evaluation of B lymphocyte, NK cells, macrophage and phagocyte stimulation using unique poly-peptide sequences for immune enhancement and immune modulation in patients with chronic immunosuppressive disease processes (1998 - current)
- 7.) Clinical research and collaboration on oncogenic treatments including peptide immune modulators, anti-angiogenesis factors, anti-neoplastins, MMP Inhibitors and other therapies (2000 - current)
- 8.) Research in metal toxicology, especially related to neurodegenerative diseases with special emphasis on implications to autism and developmental delays (1997 - current)

Other Additions to CV

AMA's Physician Recognition Award from 1993 - 2004

Lists of professional papers, books, lectures and courses presented provided upon request.