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Publications – Last Updated November, 2006

Buttar, RA: *Alternative Cures* edited by Bill Gottlieb. Copyright 2000 Rodale Publishing. Sections on Influenza syndrome and Herpes Zoster, pgs. 261 and 538.

Buttar RA, Viktora DC, Quinn ME: Accelerated and efficacious results using variable somatotroph and hypothalamotroph specific poly-peptide combinants utilizing a trans-dermal delivery mechanism as an alternative to recombinant human growth hormone injection therapy. *J of Integ Med* 4(1):51-61, 2000

Buttar RA, Halpner A: The Impact of Essential Fatty Acids on the Aging Process. *The Advanced Guide to Longevity Medicine*, edited by Mitchell J.Ghen. Copyright 2001 Ghen. Chapter 16, pgs.221 – 237

Buttar RA, Halpner A: The Impact of Essential Fatty Acids on the Brain. *Int J of Integ Med* 4(2): 24-28, Aug-Sept 2001

Buttar RA, Viktora DC, Biddle J, Grossman T, Smith J, Norris C, Chandra R, Stoesser A: Statistically Significant Increases in Endogenous Growth Hormone (GH) Levels per Serial hGH Chemiluminescent / Radio-Immunoassay Using Trans-Dermally Administered Peptide Analogs Mimicking Action of Growth Hormone Releasing Hormone and Gonadotropin Releasing Hormone. *9<sup>th</sup> International Congress on Anti-Aging & Biomedical Technologies, December 14-16, 2001*

The Inter-Relationship Between Growth Hormone and IGF-1: Correlation with Cancer. *Anti-Aging Medical Therapeutics, Volume 5*, Copyright 2003, Chapter 26, pages 235 – 266.

Buttar RA, Viktora DC, Haley BE, Godfrey ME: Mercury Neurotoxicity Secondary to Impaired Heavy Metal Excretion in Children with Autism and Pervasive Developmental Delay. *Pending submission for publication. Scheduled for presentation at the Autism One International Conference.*

Buttar RA, Biddle J, Chandra R, Grossman T, Norris C, Smith J, Viktora DC, Setterini B: Significant Increases in Endogenous Growth Hormone (GH) Levels Using Trans-Dermally Administered Hypothalamic Mimicking, Pituitary Specific Peptide Analogs of Growth Hormone Releasing Hormone and Gonadotropin Releasing Hormone. *Pending submission for publication. Scheduled for presentation*

Buttar, RA, Kidd PM, Usman, AI, Garcia JD, Murphy, JF, Orlov, A, Neubrandner, JA, Viktora, DC: Autism and PPD: Comprehensive Medical Management with Heavy Metal Detoxification Produces Salutary Benefit. *Submitted for publication.*

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Positions Served:

President, North Carolina Integrative Medical Society	March 2003 - Current
Chairman, National Research Foundation	April 2002 – April 2005
Chairman, American Board of Clinical Metal Toxicology	July 2006 - Current
Curriculum Chair, American Board of Clinical Metal Toxicology	October 2002 – Current
Board Member, American Association of Integrative Medicine	October 2002 – Current
Board Member, International College of Integrative Medicine	September 2004 – October 2005
Board Member, American Association for Health Freedom	September 2006 - Current