



The Center for Advanced Medicine & Clinical Research  
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## **Protocol and Information for Mercury Dental Amalgam Removal**

After realizing the importance of removing mercury from the body, thousands of our patients have wisely chosen to opt for removal of dental mercury amalgam from their mouths. We also realized that many family members of patients want to get their mercury amalgams removed. However, if mercury is not removed in the correct manner, problems can occur and actually worsen the situation from increased toxic exposure during the removal process. The following is our guideline and recommendations for the safest and most effective method of having your mercury amalgams removed.

Regardless of the skill level, precautions taken, and experience of the biological dentist you choose to remove your mercury amalgams, there will be an increase in the amount of circulating mercury within your system when you have your mercury amalgams removed. We have documented up to a 300% increase in mercury levels on post challenge testing 12 hours after amalgam removal compared to 24 hours before amalgam removal with the best biological dentists using the most extreme precautions.

There is a very short window of opportunity to effectively bind and remove this mobilized mercury before it binds to certain tissues within your system, the greatest propensity being the brain and the heart. Remember, the tests only show the amount of metal we are able to remove during that particular test, not the total levels of metals in your body. As a result, the following protocol has been established:

1. Before mercury amalgam removal:
  - a. Choose a qualified biological dentist who understands the devastating consequences of leaving mercury amalgam in the mouth. Ask them if they are a “mercury free” dentist. Consider visiting [www.IAOMT.org](http://www.IAOMT.org) to find a biological dentist in your own area. A good biological dentist is the first step in insuring maximum benefit from mercury removal.
  - b. Before getting any mercury amalgam removed, obtain all the necessary work up to receive IV treatments at our clinic. This includes a physical, pre-IV blood work (which evaluates your kidney function, liver function, etc.) and baseline EKG at a minimum.
    - i. This pre-IV work up is to insure your safety and ability to tolerate the treatments without problems. If this pre-IV work is not completed, we will not be able to initiate IV treatments. Blood work is valid for 60 days from when obtained.
    - ii. Please note, this is what we require. If you are planning on getting treatment at another clinic while getting your amalgams removed, please contact the clinic you will be treated at to see what they require before initiating IV treatments.
    - iii. Take a high quality, mineral combination at least 1 month before scheduled amalgam removal. This is due to the IV treatment you will receive on the day of amalgam removal will also deplete some of your other minerals. We suggest:
      1. Mega Minerals, 1 pill 3 times a day after food
      2. Ultra Humic Minerals, 1 ounce 2 times a day after eating
  - c. Remember that you must receive an IV treatment the SAME DAY as you have your mercury amalgam removed. This is extremely important.
    - i. We have a very short window of opportunity (around 12 hours after) to bind to the mobilized mercury before it is picked up and bound to tissue in your body.
    - ii. If your dentist is planning on removing your amalgams over 4 different visits, then you must plan to have your IV treatment on each of those 4 days, immediately after the dentist is finished.



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- d. In order to insure this can occur, schedule your visit with your dentist for mercury amalgam removal only in the mornings from Monday to Thursday. This will give you adequate time to get to our clinic for treatment in the afternoons.
  - i. Please note, on Fridays, we are only open until noon, so mercury amalgams should NOT be removed on Fridays.
  - ii. It is recommended you consider an IV challenge test before amalgam removal and then another test on the day of amalgam removal immediately after getting the IV treatment.
    1. The two IV challenge tests are not mandatory, but will provide you with information you may require. Only one IV challenge test is required.
    2. If you choose to do one test, the IV challenge test will be done on day of amalgam removal, to assess maximum load of metals to which your kidneys are exposed.
2. On the day(s) of mercury amalgam removal:
  - a. Drink plenty of water on the day of amalgam removal, especially after completion of the procedure and again, after the IV treatment/challenge test done on the same day.
    - i. Remember “the solution to pollution is dilution”. The metals will be primarily removed through your kidneys since you’ve been given an IV treatment.
      1. The more water you drink after treatment, the more your system will naturally flush and metals bound to the chelators will be urinated out.
      2. Headaches, fatigue and general body aches are not uncommon.
    - ii. Do not underestimate the importance of getting the IV treatment done the same day. DO NOT schedule the IV treatment for the following day. The window of opportunity will be closed by then. Make sure you receive the IV treatment on the SAME DAY as the mercury amalgam was removed.

Note: *If you are a patient from out of state or out of the country and you do not have access to a physician who can do IV DMPS treatments within 100 miles of your biological dentist’s office, you can use an alternate method using TD-DMPS.* In this case, you will get your IV challenge test done at the clinic BEFORE the amalgam removal process has begun at your dentist’s office.

***Once the IV challenge has been completed at our clinic, let a staff member know that you won’t have access to getting an IV treatment done on the day of amalgam removal.*** The nursing staff will obtain the proper dosage for you from one of our medical providers. If by the time you are ready to leave our clinic and you have NOT been provided the proper dose of TD-DMPS, remind a staff member that you won’t have access to a doctor who can do IV treatments on the day of your mercury amalgam removal.

***DO NOT leave our clinic until you have been given the proper dose of TD-DMPS to take.*** The dose will be the same amount, taken per the schedule below, on each day you have amalgam removed.

As per the medical provider, you will take the instructed amount of TD-DMPS on the following schedule:  
- X No. of drops (per provider) taken before midnight preceding the morning of the amalgam removal.  
- X No. of drops (per provider) taken upon arriving at the dental office before amalgam removal.  
- X No. of drops (per provider) taken immediately after the completion of amalgam removal for the day.

The decision to remove mercury from your mouth is a very wise decision, one that will positively impact you the rest of your life. This outline provides you with the most effective manner of safely removing mercury developed over the last 13 years. Feel free to contact our staff if you have additional questions.